





Product Fact Sheet Lifestream®

FOR BALANCE AND FLUIDITY

Lifestream[®] supplement is designed to address the circulatory system with "water element" herbs that help promote balance and fluidity throughout the body. This formula enhances adequate movement of blood through the body, which is crucial to good health.

PHILOSOPHY OF REGENERATION®

Based on the Philosophy of Regeneration[®], Lifestream[®] is designed to support the circulatory system and maintain optimum health through proper nutrition and keeping the body in balance. Exclusively formulated with a proprietary blend of concentrated herbs for effectiveness, Lifestream[®] is a unique combination of Eastern herbal tradition and Western science.

INGREDIENT HIGHLIGHTS

CASSIA TORA

A good source of antioxidants, cassia tora seeds have cleansing properties. They are also used to support cardiovascular health, the liver, eyesight, and the elimination process.

DWARF LILYTURF ROOT

This tuber is known for its hydrating properties and is used in traditional Chinese medicine to support stomach function, to alleviate irritability, and to promote production of body fluids.

SOPHORA FLOWER

Also known as pagoda tree, this tree flower has astringent qualities and is used to support healthy blood pressure.

FAQS

- **Q:** What are water element herbs?
- **A**: Water element herbs address the kidneys and bladder, the two organs most associated with the this element in traditional Chinese medicine. When this element is in balance, you are observant, introspective, and calming. When it's out of balance, you can become isolated, fearful, and forgetful.

RECOMMENDATION

Take two capsules at mealtime.

BENEFITS

- Promotes cardiovascular health
- Addresses circulatory system
- Supports maintenance of optimal health